



# Sarah is taking her life back

Sarah came to SafePlace with her disabled son under extreme emotional distress. She just left her husband after years of emotional, physical, mental, and financial abuse.

There were many barriers she was facing, and she had no idea where to start. SafePlace helped her get a protective order in place, file for divorce, disability benefits for her son, apply for food stamps, and Medicaid.

SafePlace also helped Sarah apply for housing options through different landlords.

During her time at the shelter, Sarah attended morning group and met with advocates to process her journey.

She said she left SafePlace more in charge of her life than ever before.



*\*This photo has been changed to protect the identity of the client.*