



# Alice is getting her life in order

Alice and her family were having "serious financial issues."

With her being on medical leave from work, there was only one parent in the home working. And that meant they were struggling to make ends meet.

Working with Women Aware, Alice created an Action Plan that included activities, a description of services to apply for, contacts and locations, and completion dates for each step. Along with this, Alice was able to receive coordinated referrals to community resources.

Discussing areas she needed help with - including medical bills, insurance issues, utilities, and employment - this taught Alice self-advocacy skills, fostered a sense of direction and success, and provided her with emotional and economic stability.

*\*This photo has been changed to protect the identity of the client.*

