

Not sure  
where to start  
your child  
care search?



**START HERE!**

Let CCR&R help you with tools and resources to make the right child care choice for your family!

**Types of Programs:**

- Licensed, registered and nonregistered
- Home programs serving 5 or less children do not need to be registered in Iowa

**Signs of Quality Care:**

- Parents always have access to their child
- Supervision at all times, even naps
- Program has written emergency procedures
- Safe Sleep practices are used
- Balance of time for play, activities & rest
- Toddlers have opportunities to move about
- Program involves family members in activities & daily updates
- Provider utilizes professional development to improve services

Starting your child care search is easy with help from CCR&R! Visit our website and read CCR&R's *Guide to Choosing Quality Child Care* to learn what to do once you've gotten a list of referrals in your area.

Remember, before selecting a child care program, pay a visit! Our *Guide to Choosing Quality Child Care* offers suggestions on what to look for in finding quality child care.

Finding child care is a big decision and it can be overwhelming. If you'd like to talk about your options with a specialist or learn more about how to choose quality child care, contact CCR&R Parent Educators at :

**855-244-5301**  
**[www.iowaccrr.org](http://www.iowaccrr.org)**



# Searching for Child Care?

## Discover Child Care Resource & Referral

Illinois: 815-758-8149

Missouri: 866-892-3228

Iowa: 855-244-5301

Nebraska: 402-557-6886

Minnesota: 888-291-9811

S. Dakota: 605-339-4357

Wisconsin: 608-271-9181



### Stay Involved

- Meet regularly with your provider and ask questions.
- Visit often and participate in activities with your child.