



# COMMUNITY RESOURCE GUIDE



This resource guide is updated as our community changes. If you have any suggested edits or additions, please call us at 712-255-3551.

The most recent version can be found at  
[www.unitedwaysiouxland.com](http://www.unitedwaysiouxland.com)

Last Updated May 2019

United Way of Siouxland updates this Resource Guide to increase public access to information about resources available to Siouxland residents. The inclusion of any organization, agency or service in this Resource Guide does not imply or constitute an endorsement or recommendation, nor does exclusion imply disapproval. United Way of Siouxland neither guarantees nor makes any representations as to the accuracy or completeness of the information contained in its Resource Guide.

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A United Way Funded Community Partner



For more information, visit us at [www.unitedwaysiouxland.com](http://www.unitedwaysiouxland.com) or call us at 712-255-3551

## **SIOUXLAND** **FOOD PANTRIES**

### American Red Cross

4900 War Eagle Drive, Sioux City, IA 51109  
712-252-4081

<http://www.redcross.org/local/ia/about/locations/northwest-iowa>

Provides:  
Food Pantry  
Emergency Services



### Bountiful Baskets

East High School- 5011 Mayhew Ave., Sioux City, IA 51106

Provides:  
Food pick up times - Saturday at 9:00 a.m.

### Boys & Girls Home & Family Services Community Center

1401 Pine Ave., Dakota City, NE 68731  
402-494-6878

[boysandgirlshomeiowa.org](http://boysandgirlshomeiowa.org)

Provides:  
Food Pantry for Dakota County residents only

### Community Action Agency of Siouxland

2700 Leech Avenue, Sioux City, IA 51106  
712-274-1610

[www.caasiouxland.org](http://www.caasiouxland.org)

Early Childhood-Head Start, Pre-Kindergarten, etc., Child Care Nurse Consultant, Family Development Program to help identify & develop plans for health/safety, Senior Community Service Programs, Crossroads Shelter, Welcome Home Program for the Homeless, Low-Income Energy Assistance, Weatherization-help with insulation/furnaces, Child/Adult Care Food Program & Food Bank, Emergency & General Assistance, and Angel Cars. Work clothes are also available for adults.

Several programs are offered through the Community Action Agency of Siouxland Several are listed here.  
Woodbury County residents only

### Connections Area Agency on Aging

2301 Pierce Street, Sioux City, IA 51104  
800-432-9209 or 712-279-6900

[www.connectionsaaa.org](http://www.connectionsaaa.org)

Provides:  
Senior nutrition programs; Mealsites available in Sioux City, Sgt. Bluff, Merville, Correctionville  
No food pantry on site.

### CSADV

Sioux City, IA

712-258-7233 / HOTLINE 800-982-7233

[www.csadvsiouxland.org](http://www.csadvsiouxland.org)

Provides:  
Food Pantry- provides clothing, housing, emergency shelter



### Dakota City Fire Station

1516 Myrtle St., Dakota City, NE 68731  
402-987-3562

Provides:  
Food Pantry - 5:30-7:30 pm  
4th Thursday

### Disabilities Resource Center of Siouxland

505 - 5th St., Suite 400, Sioux City, IA 51101  
712-255-1065 FAX-712-224-2559

Referral Help with: Housing, Food Pantries, Personal/Household Items, Clothing  
[contct@drc.org](mailto:contct@drc.org)

### First Evangelical Free Church

401 9<sup>th</sup> Street, Sioux City, IA 51101  
712-255-7239

<http://fefcsc.org/blog2/>

Provides:  
Food Pantry (Last Tues. of month 1-3:00 pm & 4th Wed. 10-12:00)

**SIOUXLAND**  
**FOOD PANTRIES continued**

**First Lutheran Church**

3939 Cheyenne Blvd, Sioux City, IA 51104  
712-239-3942

Provides:

Food Pantry (Wed. 9:00am-12:00pm)

**First Lutheran Church**

3601 Dakota Ave., So. Sioux City, NE 68776  
402-494-5461

Provides:

Food Pantry - 2:00-4:00 pm  
1st & 3rd Thursdays

**First United Methodist Church**

1915 Nebraska Street, Sioux City, IA 51106  
712-258-0119  
<http://siouxcityfirst.com/>

Provides:

Hygiene/Personal Care Items Only  
Wed. 5-6:00 pm & Thurs. 2-3:00 pm

**Glendale Community, Associated with  
Glendale Baptist Church**

1600 Glendale Blvd, Sioux City, IA 51105  
712-276-3452

[info@glendalebaptistchurch.org](mailto:info@glendalebaptistchurch.org)

Provides:

Food Pantry

**Grace United Methodist Church**

1735 Morningside Avenue, Sioux City, IA 51106  
712-276-3452  
<http://www.gracesiouxcity.org/>

Provides:

Food Pantry (Mon. & Wed. 9am-12:00pm)

**Gospel Mission**

500 Bluff Street, Sioux City, IA 51103  
712-255-1769  
<http://thegospelmission.org/>

Provides:

Food Pantry (M-F 9-10:30 am)  
Thrift Store (M-F 9:30-5 & Sat 9:30-4:30)  
Men/Women/Children Shelter

**Helping Hands Food Pantry**

903 Topaz Drive, Sergeant Bluff, IA 51054  
712-943-4815

<http://cityofsergeantbluff.com>

Provides:

Food Pantry (3rd Sat. of the Month 8-11:00  
am & the following Tues. 4-5:30 pm)  
Sgt. Bluff/Luton School District Only

**Morningside Bible Church**

6100 Morningside Avenue, Sioux City, IA 51106  
712-276-3721  
<http://www.morningsidebiblechurch.org>

Provides:

Food Pantry (3rd Sat. of the month 11-2:00)

**Morningside Lutheran Church**

700 S Martha Street, Sioux City, IA 51106  
712-276-2511

<http://morningsidelutheran.com/home>

Provides:

Food Pantry (Wed. 10:00-12:00)  
Photo ID required

**SIOUXLAND**  
**FOOD PANTRIES continued**

**NE Nebraska Community Action Agency**

2120 Dakota Ave., So. Sioux City, NE 68776  
402-494-312 / 402-385-6300  
[rsnyder@nencap.org](mailto:rsnyder@nencap.org)

Provides:  
Food Pantry - 8:30-4:30  
Tues-Wed-Thurs (by appointment only)  
Dakota County Residents Only

**Redeemer Lutheran Church**

3204 S. Lakeport Street, Sioux City, IA 51106  
712-276-2511  
<http://www.redeemersiouxcity.com/site/cs/Index.asp>

Provides:  
Food Pantry - Fridays 9:00-Noon

**Salvation Army**

1415 Villa Avenue, Sioux City, IA  
712-255-8836  
<http://www.salvationarmysiouxland.org/>

Provides:  
Food Pantry (M-9-12; T-Th 9-3:30 &  
(closed during lunch) Fridays 9-12:00  
Emergency Housing for Homeless &Disabled

**Siouxland Family Community Center**

1401 Pine Avenue, Dakota City, NE 68731  
402-494-6878  
[http://www.boysandgirlshome.com/Siouxland\\_Family\\_Center.html](http://www.boysandgirlshome.com/Siouxland_Family_Center.html)

Provides:  
Food Pantry  
Dakota Co. Residents Only



**Soup Kitchen**

717 W. 7th Street, Sioux City, IA 51103  
712-258-0027

Provides:  
Serves Hot Meals - M-F 5:15 - 6:00 pm &  
Saturday 12-1:00

**St. Paul's United Methodist Church**

2003 A Street, So Sioux City, NE 68776  
402-494-4138  
[stpaulcb@bellsouth.net](mailto:stpaulcb@bellsouth.net)

Provides:  
Food Pantry (2nd Friday 2-3:00)  
Kids Café - 4:00-6:00 pm Mon & Fri  
children 2-19 eat free w/adult

**St. Thomas Parish House Food Pantry**

406 12th Street, Sioux City, IA 51105  
712-258-0141

Provides:  
Food Pantry (Mon/Wed 10-12:00)

**Southern Hills Baptist Church**

4301 Old Lakeport Road, Sioux City, IA 51106  
712-276-9376  
[phyllis@southernhillshillsc.com](mailto:phyllis@southernhillshillsc.com)

Provides:  
Food Pantry (By Appointment Only)  
712-223-2286

**Tabernacle Church**

114 W. 6th Street, Sioux City, IA 51103  
712-255-8836

Provides:  
Food Pantry

**SIOUXLAND**  
**CLOTHING AND FURNITURE**

**Bargain Center**

1001 W. 7th Street, Sioux City, IA 51103  
712-255-0575

Provides:  
Clothing & Furniture at minimal costs  
Mon.-Fri. 10-4:00 & Sat. 10-3:30

**Boys & Girls Home & Family Services**

1551 Indian Hills Dr., Suite 10, Sioux City, IA 51104  
712-226-2626

Provides:  
Thrift Store  
Hours- Thursday-Saturday 10:00 - 4:00

[www.facebook.com/BGHFS.STUFF](http://www.facebook.com/BGHFS.STUFF)

**Community Action Agency of Siouxland**

2700 Leech Avenue, Sioux City, IA 51106  
712-274-1610

Several programs are offered through the  
Community Action Agency of Siouxland  
Several are listed here.

[www.caasiouxland.org](http://www.caasiouxland.org)

Woodbury County residents only

Early Childhood-Head Start, Pre-Kindergarten, etc., Child Care Nurse Consultant, Family Development Program to help identify & develop plans for health/safety, Senior Community Service Programs, Crossroads Shelter, Welcome Home Program for the Homeless, Low-Income Energy Assistance, Weatherization-help with insulation/furnaces, Child/Adult Care Food Program & Food Bank, Emergency & General Assistance, and Angel Cars. Work clothes are also available for adults.

**CSADV**

**Sioux City, IA**

**712-258-7233 / HOTLINE 800-982-7233**

[www.csadvsiouxland.org](http://www.csadvsiouxland.org)

Provides:  
Provides clothing, quilts, and  
some bedding needs



**DAV-Disabled American Veterans**

5129 Military Road, Sioux City, IA 51109  
712-258-8851

Provides:  
Clothing & Furniture  
Tues.-Fri 10-3:00 & Sat. 9-3:00

<https://www.dav.org/>

**Disabilities Resource Center of Siouxland**

505 - 5th St., Suite 400, Sioux City, IA 51101  
712-255-1065 FAX-712-224-2559

Referral Help with: Housing, Food Pantries,  
Personal/Household Items, Clothing  
[contact@drc.org](mailto:contact@drc.org)

**Goodwill- Sioux City**

5931 Gordon Drive, Sioux City, IA 51106  
712-274-4380

Provides:  
Clothing & Furniture

<http://www.goodwillgreatplains.org>

**Goodwill-Sioux City**

3100 W 4th Street, Sioux City, IA 51103  
712-258-0579

Provides:  
Clothing & Furniture  
Career Counseling/Employment Skills

<http://www.goodwillgreatplains.org>

**SIOUXLAND**  
**CLOTHING AND FURNITURE continued**

**Goodwill-South Sioux City**

2321 Dakota Ave., So. Sioux City, NE 68776  
 402-494-6972

<http://www.goodwillgreatplains.org>

Provides:  
 Clothing & Furniture

**Gospel Mission**

500 Bluff Street, Sioux City, IA 51103  
 712-255-1769

<http://thegospelmission.org/>

Provides:  
 Thrift Store (M-F 9:30-5 & Sat 9:30-4:30)  
 Men/Women/Children Shelter

**Junior League Discovery Shop**

316 W. 7th Street, Sioux City, IA 51103  
 712-255-0072

[shop@juniorleagueofsiouxcity.com](mailto:shop@juniorleagueofsiouxcity.com)

Provides:  
 Thrift Shop: Mon-Sat 10 am-5:00 pm

**Mission of the Messiah**

2803 Correctionville Road, Sioux City, IA 51105  
 712-224-2803

Provides:  
 Will provide 2 outfits/child with a referral  
 from a social service agency

**M.o.M.**

Transit Plaza, Sioux City, IA 51106  
 712-224-2803

Provides:  
 Clothing and Furniture  
 Must be referred by a social service agency

**The Salvation Army Family Thrift Store**

1901 Cornhusker Drive, So. Sioux City, IA 68776  
 402-494-7997

<http://www.salvationarmysiouxcity.org/>

Provides:  
 Clothing and Furniture  
 (Mon.-Sat. 9:00-8:00)

**Siouxland Foster Closet**

1551 Indian Hills Drive Suite 1, Sioux City, IA 51104  
 712-624-4543

Provides:  
 Clothing & other needed items in foster  
 placement. Open by appointment.



**SIOUXLAND**  
**HOUSING ASSISTANCE**

Boys & Girls Home & Family Services Community Center  
1401 Pine Ave., Dakota City, NE 68731  
402-494-6878  
boysandgirlshomeiowa.org

Provides:  
Referral Assistance for Dakota county residents only

Center for Siouxland  
715 Douglas Street, Sioux City, IA 51101  
712-252- 1861  
www.centerforsiouxland.org

Provides:  
Transitional Housing for homeless  
Financial Counseling  
Free Tax Preparation Feb-April  
First Time Home Buyer Classes; Mortgage Delinquency Counseling; Debt Management; Credit Report Reviews;  
Workplace workshops on Financial Education topics;  
Representative Payee Services



Connections Area Agency on Aging  
2301 Pierce Street, Sioux City, IA 51104  
800-432-9209 or 712-279-6900  
http://www.connectionsaaa.org/

Provides:  
Subsidized Housing for qualifying individuals age 62+  
info@connectionsaaa.org

Crittenton Center  
814 Pierce Street, Suite 100, Sioux City, IA 51104  
712-255-4321  
http://www.crittentoncenter.org

Provides:  
Emergency Shelter for Youth (newborn-17)  
Resource Center  
Supervised Apartment Living/Homeless Prevention



CSADV  
Sioux City, IA  
712-258-7233 / HOTLINE 800-982-7233  
[www.csadvsiouxland.org](http://www.csadvsiouxland.org)

Provides:  
Rental Assistance to qualifying individuals; Housing Assistance  
Rapid Rehousing Program



Disabilities Resource Center of Siouxland  
705 Douglas St., Suite 440, Sioux City, IA 51101  
712-255-1065 FAX-712-224-2559

Referral Help with: Housing, Food Pantries, Personal/Household Items, Clothing  
[contact@drc.org](mailto:contact@drc.org)

Iowa Department of Human Services  
822 Douglas Street, Sioux City, IA 51101  
712-255-0833  
[CWoodb01@dhs.state.ia.us](mailto:CWoodb01@dhs.state.ia.us)

Provides:  
IA Medicaid/Health/Wellness Programs

Maple Heights  
Sioux City, IA  
[schultzs@sunriseretirement.com](mailto:schultzs@sunriseretirement.com)

Provides:  
Housing for Independent Seniors  
Sue Schultz 712-27-3821 X-3145

**SIOUXLAND**  
**HOUSING ASSISTANCE continued**

Northeast Nebraska Community Action Partnership  
2120 Dakota Ave., Suite A, So. Sioux City, NE 68776  
402-494-8312 and 800-445-2505  
[www.nencap.org](http://www.nencap.org)

Provides:  
Housing Assistance

Oakleaf Property Management  
1309 Nebraska Street, Sioux City IA 51105  
712-255-3665  
<http://www.oakleafpm.com/>

Provides:  
Subsidized Housing

Salvation Army  
1415 Villa Avenue, Sioux City, IA  
712-255-8836  
<http://www.salvationarmysiouxland.org/>

Provides:  
Emergency Housing Assistance  
for the Homeless & Disabled  
Permanent Supportive Housing



Shesler Hall  
1308 Nebraska Street, Sioux City, IA 51105  
sheslerhall.com

Provides:  
Emergency shelter program for homeless  
women; Also offers transitional housing  
program and long-term housing program

Sioux City Housing Authority  
405 6th Street, Sioux City, IA 51101  
712-279-6348  
[https://www.sioux-city.org/services\\_\(select "Housing"\)](https://www.sioux-city.org/services_(select_"Housing")_)

Provides:  
Housing Assistance, Housing Choice Voucher  
Section 8 Program, Security Deposit  
Assistance

South Sioux City Housing Agency  
2601 Cornhusker Drive Suite 7, So. Sioux City, NE 68776  
402-494-7514

Provides:  
Housing Assistance

**SIOUXLAND**  
**CHILDREN / FAMILY SERVICES**

**“A Better Way” Therapy**

3900 Dakota Avenue, Suite 9, So. Sioux City, NE 68776  
712-293-4700  
<http://abetterwaytherapy.com/ssc-team/>

Provides:  
Children & Family Therapy

**Bethany Christian Services**

123 Albany Ave SE, Orange City, IA 51041  
1221 Pierce St, Sioux City, IA 51105  
712-737-4831

Provides:  
Adoption & Foster Care Services  
Serves Siouxland and Council Bluffs  
<https://www.bethany.org/orange-city>



**Beyond the Bell**

2500 Glenn Avenue #78, Sioux City, IA 51106  
712-277-3600  
<http://www.beyondthebell.us.com>

Provides:  
After School Programs  
Summer Programs



**Big Brothers Big Sisters of Siouxland**

3650 Glen Oaks Blvd., Sioux City, IA 51104  
712-239-9890  
<http://www.bigbrothersbigsisters.com>

Provides:  
Youth Mentoring



**Boy Scouts**

819 A Gordon Drive, Sioux City, IA 51101  
712-255-8846  
[dan.locke@scouting.org](mailto:dan.locke@scouting.org) OR <http://www.mac-bsa.org>

Provides:  
Youth Development  
Outdoor Programs  
Leadership Experience



**Boys & Girls Clubs of Siouxland**

823 Pearl St, Sioux City, IA 51101  
712-258-5545  
[office@bgcsiouxland.org](mailto:office@bgcsiouxland.org)

Provides:  
After School & Summer Programs



**Boys and Girls Home and Family Services**

2101 Court Street, Sioux City, IA 51104  
712-293-4700  
[boysandgirlshomeiowa.org](http://boysandgirlshomeiowa.org)

Provides:  
Outpatient Therapy, Alternative  
Education & Youth Residential Services,  
Domestic Violence Counseling



**Boys & Girls Home & Family Services Community Center**

1401 Pine Ave., Dakota City, NE 68731  
402-494-6878  
[boysandgirlshomeiowa.org](http://boysandgirlshomeiowa.org)

Provides:  
Translation Services for Dakota county  
residents only

**Boys Town**

600 4th Street, Suite 901, Sioux City, IA 51101  
(712) 258-6523  
<http://www.boystown.org>

Provides:  
After School & Summer Programs

## **SIOUXLAND**

### **CHILDREN / FAMILY SERVICES continued**

#### Catholic Charities

1601 Military Road, Sioux City, IA 51103  
712-252-4547  
<http://www.cathchar.com/>

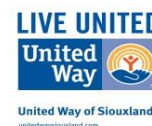
Provides:  
M-Th 8:30-7:00; F-8-5 pm  
Counseling, Parenting Classes  
Bi-lingual Services available



#### Center for Siouxland

715 Douglas Street, Sioux City, IA 51101  
712-252- 1861  
[www.centerforsiouxland.org](http://www.centerforsiouxland.org)

Provides:  
Transitional Housing  
Financial Counseling



#### Community Action Agency of Siouxland

2700 Leech Avenue, Sioux City, IA 51106  
712-274-1610  
[www.caasiouxland.org](http://www.caasiouxland.org)

Several programs are offered through the  
Community Action Agency of Siouxland  
Several are listed here.

Woodbury County residents only

Early Childhood-Head Start, Pre-Kindergarten, etc., Child Care Nurse Consultant, Family Development Program to help identify & develop plans for health/safety, Senior Community Service Programs, Crossroads Shelter, Welcome Home Program for the Homeless, Low-Income Energy Assistance, Weatherization-help with insulation/furnaces, Child/Adult Care Food Program & Food Bank, Emergency & General Assistance, and Angel Cars. Work clothes are also available for adults.

#### Connections Area Agency on Aging

2301 Pierce Street, Sioux City, IA 51104  
800-432-9209 or 712-279-6900  
[info@connectionsaaa.org](mailto:info@connectionsaaa.org)

Provides:  
Elderly Services, Counseling, Case Management,  
Caregiver Support, Grandparents raising  
grandchildren support, Medicare assistance, Elder  
abuse prevention/awareness  
[info@connectionsaaa.org](mailto:info@connectionsaaa.org)



#### Crittenton Center

814 Pierce Street, Suite 100, Sioux City, IA 51104  
712-255-4321  
<http://www.crittentoncenter.org>

Provides:  
Emergency Shelter for Youth (Newborn-17)  
Resource Center, West High Infant Center  
Health Programs for Families-HOPES  
Supervised Apartment Living/Homeless Prevention  
Preschool Classrooms-Liberty Elementary

#### CSADV

Sioux City, IA  
712-258-7233 / HOTLINE 800-982-7233  
[www.csadvsiouxland.org](http://www.csadvsiouxland.org)

Provides:  
Safe Shelter, Advocacy &  
Counseling related to Domestic  
Violence Victimization



#### Cubby Care

500 W. 13th, So. Sioux City, NE 68776  
402-494-4222

Provides:  
Child Care

**SIOUXLAND****CHILDREN / FAMILY SERVICES continued****Gigi's Playhouse**

835B Gordon Drive, Sioux City, IA 51101

712-226-7529

<https://gigisplayhouse.org/siouxcity/>

Provides:

Free education, therapeutic-based &amp; career development programs for individuals with Down syndrome, their families &amp; the community

**Girl Scouts**

1515 Zenith Drive, Sioux City, IA 51103

712-255-0187

<http://www.girlscoutsiowa.org>

Provides:

Girl Scout Leadership Experience

**Girls Inc.**

500 Main Street, Sioux City, IA 51103

712-252-1088

<https://girlsincofsiouxcity.org/>

Provides:

After School &amp; Summer Programs

**Head Start**

2120 Dakota Ave., So. Sioux City, NE 68776

402-494-6755

Provides:

Affordable Preschool

**Iowa Department of Human Services**

822 Douglas Street, Sioux City, IA 51101

712-255-0833

[CWoodb01@dhs.state.ia.us](mailto:CWoodb01@dhs.state.ia.us)

Provides:

IA Medicaid/Health/Wellness Programs

**Iowa Legal Aid**

507 7th St #402, Sioux City, IA 51101

800-532-1275

[info@iowalaw.org](mailto:info@iowalaw.org) **WEB:** <https://www.iowalegalaid.org/>

Provides:

Legal assistance for families

**ISU Extension**

4728 So. Hills Drive, Sioux City, IA 51106

712-276-2157

<http://www.extension.iastate.edu/woodbury/>

Provides:

Parenting Assistance through specific classes

**Jackson Recovery Centers**

800 5th Street, Sioux City, IA 51101

712-234-2300

<http://www.jacksonrecovery.com>

Provides:

Prevention, Education, Intervention &amp; Treatment for people &amp; their families suffering from addiction

**SIOUXLAND**  
**CHILDREN / FAMILY SERVICES continued**

**KidLogic Child Care**

405 E. 21st Street, S. Sioux City, IA 51101

402-404-2533

<http://www.kidlogicchildcare.com>

Child Care

**Lutheran Services of Iowa**

2039 S. St. Aubin Street, Sioux City, IA 51106

712-255-2505

<http://lsiowa.org>

Provides:

Teen Parent Education

Healthy Parenting Program-HOPES

Adolescent Pregnancy Prevention

Foster Care/Adoption RRTS

**Mary Elizabeth Childcare Center**

814 Court Street, Sioux City, IA 51105

712-258-1605

<http://maryelizabethchildcarecenter.org/>

Provides:

Affordable Childcare Services

M-F 6:00 am - 5:45 pm

**Mary J Treglia Community House**

900 Jennings Street, Sioux City, IA 51105

712-258-5137

<http://marytreglia.org/>

Provides:

Immigration &amp; Translation Services

Preschool, Summer Programs,

Spanish/English classes, Computer, &amp;

Citizenship, &amp; Refugee Acclimation classes

and Community Garden Plot

**Mater Dei Parish -Personal Products Pantry**

1212 Morningside Ave., Sioux City, IA 51106

Provides:

Personal care products for families; Picture ID required; Thursdays 4:00-6:00; Use of pantry once every 3 months

**Meals on Wheels thru Connections Area Agency on Aging**

2301 Pierce Street, Sioux City, IA 51103

800-432-9209 or 712-279-6900

Provides:

Meals for Homebound 60+, volunteer opportunities

**Mercy Behavioral Care**

801 5th Street, Sioux City, IA 51102

Provides:

Adult Inpatient Services (712-279-2940)

Adult Outpatient Services/Pathways (712-279-5991)

Chemical Dependency Services (712-279-2438)

**Native American Child Care Center**

1735 Morningside Avenue, Sioux City, IA 51106

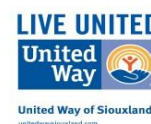
712-276-4030

[nacc@siouxlan.net](mailto:nacc@siouxlan.net)

Provides:

Child Care

Early Childhood Education



**SIOUXLAND**  
**CHILDREN / FAMILY SERVICES continued**

**Norm Waitt Sr. YMCA**  
 601 Riverview Drive, S. Sioux City, NE 68776  
 402-404-8439  
[rrobson@nwsymca](mailto:rrobson@nwsymca)

Provides:  
 Summer Programs  
 Wellness Programs  
 Sports Programs



**Opportunities Unlimited**  
 3439 Glen Oaks Blvd., Sioux City, IA 51104  
 712-277-8295  
[info@opportunitiesunlimited.com](mailto:info@opportunitiesunlimited.com)

Provides:  
 Rehabilitation Therapy & Services to  
 Special Needs Adults & Children

**PACE**  
 1200 Tri-View Ave., Sioux City, IA 51103  
 712-224-7223

Provides:  
 Care for Individuals 55+

**St. Luke's Outpatient Care**  
 2720 Stone Park Blvd., Sioux City, IA 51104  
 712-279-3500

Provides:  
 Adult Inpatient & Outpatient Services

**Sanford Center**  
 1700 Geneva St, Sioux City, IA 51103  
 712-252-0581  
<http://www.sanfordcenter.com/>

Provides:  
 After School & Summer Programs  
 School Outreach Programs



**Seasons Center**  
 5722 Sunnybrook Drive, Sioux City, IA 51106  
 800-242-5101  
<https://seasonscenter.org>

Provides:  
 Behavioral health services

**Sioux City Human Rights Commission**  
 405 - 6th Street, Suite 410, Sioux City, IA 51101  
 712-279-6985  
[kmackey@sioux-city.org](mailto:kmackey@sioux-city.org)

Provides:  
 Discrimination Assistance

**Siouxland CARES**  
 101 Pierce Street, Sioux City, IA 51101  
 712-255-3188  
<http://siouxlandcares.org>

Provides:  
 Drug & Alcohol Prevention Efforts  
 Anti-Bullying Efforts  
 Teen Court



**Siouxland Center for Active Generations**  
 313 Cook Street, Sioux City, IA 51103  
 712-255-1729  
<http://www.siouxlandseniorcenter.com>

Provides:  
 Senior Citizen Services



**SIOUXLAND**  
**CHILDREN / FAMILY SERVICES continued**

**Siouxland Community Health Center**

1021 Nebraska Street, Sioux City, IA 51105 712-252-2477

3410 Futures Dr, So Sioux City, NE 68776 402-412-7242

Provides:

Health Services for Families

**Siouxland District Health**

1014 Nebraska Street, Sioux City, IA 51105

Provides:

WIC Program (712-279-6636)

HOPES Program (712-279-6119)

**Siouxland Mental Health Center**

205 - 5th Street, Sioux City, IA 51101

Provides:

Adult Integrated Health (712-202-0173 X112)

Support Services (712-202-0173 X-111)

Friendship House (712-255-4209)

1101 Court Street, Sioux City, IA 51101

**Through Siouxland Mental Health-----**

Sioux Rivers Region Assessment &amp; Stabilization Center

4038 Division St, Sioux City, Iowa 51104

712-560-7996

625 Court Street, Sioux City, IA 51102

712-252-3871

24-hour Crisis Care

Psychiatry &amp; Therapy

**Stella Sanford Child Development Center**

1724 Geneva Street, Sioux City, IA 51103

712-255-6832

<http://www.crittentoncenter.org/sanford-preschool/>

Provides:

Preschool &amp; Child Care Services

West High Infant Center

Preschool Classrooms-Liberty Elementary

**The ARC of Woodbury County**

3001 Malloy Road, Sioux City, IA 51103

712-258-5050

<http://www.thearc.org>

Provides:

Summer Program for Disabled

**The Pier Center for Autism**

709 Iowa Street, Sioux City, IA 51105

712-522-2961

[info@piercenter.org](mailto:info@piercenter.org)

Provides:

A support system for individuals with autism

By appointment only



**SIOUXLAND**  
**CHILDREN / FAMILY SERVICES continued**

The Senior Companion Program of Greater Siouxland &  
The Foster Grandparent Program of Greater Siouxland

1510 14<sup>th</sup> Street, Rock Valley, IA 51247  
712-476-2628

<http://rvrseniorvolunteerprograms.org/site/>

Both programs serve Woodbury, Monona, Plymouth, Sioux, Lyon, O'Bryan & Osceola counties in Iowa and Dakota County in Nebraska.

Provides:  
Foster Grandparent Program  
Senior Companion Program



Women Aware

505 5th St., Suite 422, Sioux City, IA 51101  
712-258-4174

<http://womenawarecia.org>

Provides:  
Economic & Emotional Stability  
For Women & Men  
"Coordinated referrals & linkage  
to community resources"



## DOMESTIC VIOLENCE

### CSADV

Sioux City, IA  
712-258-7233 / **HOTLINE #1-800-982-7233**  
<http://csadvsiouxland.org>

Iowa Department of Human Services  
822 Douglas Street, Sioux City, IA 51101  
712-255-0833  
[CWoodb01@dhs.state.ia.us](mailto:CWoodb01@dhs.state.ia.us)

Provides:  
Safe Shelter, Advocacy,  
Counseling related to Domestic Violence  
Victimization, & Housing Assistance

Provides:  
IA Medicaid/Health/Wellness Programs



## HUMAN TRAFFICKING

### CSADV

Sioux City, IA  
712-258-7233 / **HOTLINE #1-800-982-7233**  
<http://csadvsiouxland.org>

Iowa Department of Human Services  
822 Douglas Street, Sioux City, IA 51101  
712-255-0833  
[CWoodb01@dhs.state.ia.us](mailto:CWoodb01@dhs.state.ia.us)

Siouxland Coalition Against Human Trafficking  
PO Box 5455, Sioux City, IA 51102  
**National Human Trafficking Hotline: 1-888-373-7888**  
**TEXT: "Help" or "Info" to 233-733 (available 24/7)**  
**712-281-4840**  
[www.siouxlandagainsttrafficking.org](http://www.siouxlandagainsttrafficking.org)

Provides:  
Shelter to trafficking victims

Provides:  
IA Medicaid/Health/Wellness Programs

Provides:



## SHELTERS

Day Shelter (run by the Warming Shelter)  
700 W. 6th Street, Sioux City, IA 51103  
712-255-0084

Provides:  
Temporary Emergency Shelter  
Daily 8:30 a.m. - 4:30 p.m.

CSADV  
Sioux City, IA  
712-258-7233 / **HOTLINE #1-800-982-7233**  
<http://csadvsiouxland.org>

Provides:  
Safe Shelter, Advocacy,  
Counseling related to Domestic Violence  
Victimization, & Housing Assistance



Crittenton Center  
814 Pierce Street, Suite 100, Sioux City, IA 51104  
712-255-4321  
<http://www.crittentoncenter.org>

Provides:  
Emergency Shelter for Youth  
Resource Center  
Supervised Apartment Living/Homeless Prevention



Gospel Mission  
500 Bluff Street, Sioux City, IA 51103  
712-255-1769  
<http://thegospelmission.org/>

Provides:  
Shelter for Men & Men w/Children  
Women's & Children's Shelter-255-1119

Warming Shelter  
916 Nebraska Street, Sioux City, IA 51103  
712-255-0084

Provides:  
Temporary Emergency Shelter  
During the Winter

## TRANSPORTATION

Ponca Tribe of Nebraska Transportation Department  
877-769-3111  
402-438-9224  
<https://www.poncatrIBE-ne.org/deparments/ponca-express/>

Provides:  
Transportation service in Siouxland for  
doctor appointments, picking up prescriptions,  
and getting groceries

Connections Area Agency on Aging  
2301 Pierce St, Sioux City, IA 51104  
800-432-9209 or 712-279-6900

Provides:  
Ticket program for ages 60+ to access  
public transportation

## IOWAWORKS OF GREATER SIOUXLAND

### IowaWORKS of Greater Siouxland

2508 - 4th Street, Sioux City, IA 51101  
712-233-9030

<https://www.iowaworkforcedevelopment.gov/>

Career/Employment Planning, Unemployment Insurance Assistance, Mock Interviews, Resume Assistance; PROMISE Jobs services with DHS, Iowa Vocational Rehabilitation, Youth Services with assistance in job training & work experience, Links to ESL classes, Adult/Basic Education classes; Serves Cherokee, Ia, Monona, Plymouth, & Woodbury counties.

Provides:

Several programs are offered through Iowa WORKS of Greater Siouxland  
See partial listing below.

## EDUCATION

### Briar Cliff University

3303 Rebecca Street, Sioux City, IA 51104  
712-279-5321

[www.briarcliff.edu](http://www.briarcliff.edu)

Provides:

Affordable, high-quality education

### Carpenters Union

[www.northcountrycarpenter.org](http://www.northcountrycarpenter.org)  
[www.getbetterwages.org](http://www.getbetterwages.org)

Provides:

A 4-year Carpentry Apprenticeship; health insurance included

### Educational Service Unit #1

211 10th St., Wakefield, NE 68784  
4-2-287-2061

[esu1.org](http://esu1.org)

Provides:

Services to speech/language pathology, occupational/physical therapy, deaf/vision education, early childhood development; Serves the So Sioux City, NE community

### Morningside College

1501 Morningside Ave., Sioux City, IA 51106  
712-274-5511

[www.morningside.edu](http://www.morningside.edu)

Provides:

Affordable, high-quality education

### Northeast Community College

100 College Way, South Sioux City, NE 68776  
402-241-6400

[northeast.edu/south-sioux-city](http://northeast.edu/south-sioux-city)

Provides:

Affordable, high-quality education

### St. Luke's College

2800 Pierce Street, Suite 410, Sioux City, IA 51104  
712-279-3149 or 800-352-4660, Ext. 3149

<http://www.stlukescollege.edu/>

Provides:

Higher education specializing in nursing, radiology, respiratory care, phlebotomy, & clinical pastoral education

## EDUCATION continued

### Sioux City Community Schools

<https://www.siouxcityschools.org/college-resources/>  
<https://www.siouxcityschools.org/education-resources/>

Provides:

Education services for students. The Career Academy supports folks from WITCC, U of I, IA State, UNI, Morningside College, & BCU

### Siouxland Single Parent Scholarships

United Way of Siouxland - 701 Steuben St., Sioux City, Iowa  
712-255-3551  
[unitedwaysiouxland.com/spscholarship](http://unitedwaysiouxland.com/spscholarship)

Provides:

Scholarships to Siouxland area schools  
Applications available February 1- June 10  
Scholarships made possible from the proceeds of Women's Power Lunch in conjunction with Women Aware

### Wayne State College

1111 Main Street, Wayne, NE 8787  
866-972-2287  
wsc.edu

Provides:

Affordable, high-quality education

### Western Iowa Tech Community College

[www.witcc.edu](http://www.witcc.edu)

Provides:

Educational classes for all interested, as well as, transfer students, help applying for degrees/certificates in career fields, & help applying for financial aid

**LE MARS / PLYMOUTH COUNTY**  
**FOOD PANTRIES**

**American Red Cross**

4900 War Eagle Drive, Sioux City, IA 51109

712-252-4081

<http://www.redcross.org/local/ia/about/locations/northwest-iowa>Provides:  
Food Pantry**Connections Area Agency on Aging**

2301 Pierce St, Sioux City, IA 51104

800-432-9209 or 712-279-6900

[www.connectionsaaa.org](http://www.connectionsaaa.org)Provides:  
Senior nutrition programs; Mealsites in Akron, Le Mars, Merrill, Remsen; Meals on Wheels available[info@connectionsaaa.org](mailto:info@connectionsaaa.org)**CSADV**

Le Mars County Outreach Program

712-546-6754/HOTLINE #1-800-982-7233

<http://csadvsiouxland.org>Provides:  
Food Baskets, Safe Shelter,  
Advocacy, Counseling related to Domestic  
Violence victimization, & housing assistance**Le Mars Back Pack Program**

P.O. Box 308, Le Mars, IA 51031

712-546-8872

[brandy@nohavaconstruction.com](mailto:brandy@nohavaconstruction.com)Provides:  
Nutritious Food for the school  
children during the weekend**Rejoice Community Church Food Pantry**

1320 3rd Avenue, Le Mars, IA 51031

712-548-4430

<http://rejoicecommunitychurch.org>[rejoicec@hotmail.com](mailto:rejoicec@hotmail.com)Provides:  
Food Pantry (1st, 4th, & 5th Wed of every  
month for 2-4:00; Saturdays 9:00-11:00 a.m.  
For residents of Plymouth/Sioux Counties  
Driver's License or Photo ID is required

**LE MARS / PLYMOUTH COUNTY**  
**HOUSING ASSISTANCE**

Center for Siouxland  
715 Douglas Street, Sioux City, IA 51101  
(712) 252-1861  
[www.centerforsiouxland.org](http://www.centerforsiouxland.org)

Provides:  
Transitional Housing  
Financial Counseling  
Free Tax Preparation Feb-April



CSADV  
Le Mars County Outreach Program  
712-546-6754 / HOTLINE 800-982-7233  
[www.csadvsiouxland.org](http://www.csadvsiouxland.org)

Provides:  
Rental Assistance to qualifying individuals; Housing Assistance, Safe Shelter, Advocacy Counseling related to Domestic Violence Victimization



**LE MARS / PLYMOUTH COUNTY**  
**CHILDREN / FAMILY SERVICES**

Bethany Christian Services  
123 Albany Ave SE, Orange City, IA 51041  
712-737-4831  
<https://www.bethany.org/orange-city>

Provides:  
Adoption & Foster Care Services



Big Brothers Big Sisters of Siouxland  
3650 Glen Oaks Blvd., Sioux City, IA 51104  
712-239-9890  
<http://www.bigbrothersbigsisters.com>

Provides:  
Youth Mentoring



Boy Scouts  
819 A Gordon Drive, Sioux City, IA 51101  
712-255-8846  
[dan.locke@scouting.org](mailto:dan.locke@scouting.org) or <http://www.mac-bsa.org>

Provides:  
Youth Development  
Outdoor Programs  
Leadership Experience



Center for Financial Education  
1322 3rd Ave SE (Rejoice Church) Le Mars, IA 51031  
712-722-3527  
[beverly@cfeministries.org](mailto:beverly@cfeministries.org)  
[info@cfeministries.org](mailto:info@cfeministries.org)

Provides:  
Resources to Meet Emergency Needs and Money Management Counseling  
[www.cfeministries.org](http://www.cfeministries.org)



Centers Against Abuse & Sexual Assault  
Office/Local Crisis Line 712-262-4612  
Regional Crisis Line 1-877-362-4612

Provides:  
Crisis & emergency services to families who have experienced sexual trauma



**LE MARS / PLYMOUTH COUNTY**  
**CHILDREN / FAMILY SERVICES continued**

Church of Damascus

712-540-6025

[damascusch@aol.com](mailto:damascusch@aol.com)

Provides:

Re-entry assistance for released prisoners

Connections Area Agency on Aging

Plymouth County

712-279-6900

<http://www.connectionsaaa.org/>

Provides:

Elderly Services

[info@connectionsaaa.org](mailto:info@connectionsaaa.org)

CSADV

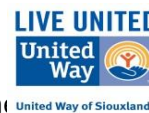
Le Mars County Outreach Program

712-546-6754 / HOTLINE 800-982-7233

[www.csadvsiouxland.org](http://www.csadvsiouxland.org)

Provides:

Safe Shelter, Rental Assistance, Advocacy Counseling related to Domestic Violence Victimization, Housing Assistance



Gehlen Catholic School

709 Plymouth Street NE, Le Mars, IA 51031

712-546-4181

<http://www.gehlescatholic.org>

Provides:

Preschool 4-year olds Programs, Transitional Kindergarten, and Kindergarten through 12th grade Tuition Assistance is available; Adult ESL program



Girl Scouts

1515 Zenith Drive, Sioux City, IA 51103

712-252-1088

<http://www.girlscoutsiowa.org>

Provides:

Girl Scout Leadership Experience



ISU Extension

251 12th Street SE, Le Mars, IA 51031

712-546-7835

<http://www.extension.iastate.edu/plymouth/>

Provides:

Parenting Assistance, Health & Family Learning Learning through specific classes

Le Mars YMCA

241 12<sup>th</sup> Street SE, Le Mars, IA 51031

712-546-6655

<http://www.lemarsymca.org>

Provides:

Summer Programs  
Wellness Programs  
Sports Programs



Le Mars Community Schools

940 Lincoln Street SW, Le Mars, IA 51031

712-546-4155

<http://www.lemars.k12.ia.us>

Provides:

Preschool Scholarships  
After School Programs  
Summer School



Life Skills Training Center

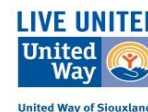
1510 Industrial Road SW, Le Mars, IA 51031

712-546-9554

[lstc@frontiernet.net](mailto:lstc@frontiernet.net)

Provides:

Employment Development Training





**LE MARS / PLYMOUTH COUNTY**  
**CHILDREN / FAMILY SERVICES continued**

**Mid-Sioux Opportunity**

180 10<sup>th</sup> Street SE, Le Mars, IA 51031

712-546-6603

<http://midsioux.org>

Provides:  
 Rent/Utility Assistance, Child  
 Care Resource & Referral,  
 Family Development Programs,  
 Head Start, Women, Infant & Children  
 Health Services



**Noah's Ark Preschool**

858 7<sup>th</sup> Avenue SE, Le Mars, IA 51031

712-546-6626

<https://www.facebook.com/noahsarkpreschoollemars/>

Provides:  
 Preschool Program



**City Life Program (Youth for Christ)**

1055 3<sup>rd</sup> Avenue SE, Le Mars, Iowa 51031

712-546-8883

<http://siouxland.yfc.net>

Provides: Mentoring,  
 tutoring & meals

**Plains Area Mental Health Care Center**

180 10<sup>th</sup> Street SE, Le Mars, IA 51031

712-546-4624; Toll Free- 1-800-325-1192

<http://plainsareamentalhealth.org>

Provides:  
 Counseling, Med Management,  
 Integrated Health, Emergency  
 and Outreach



**The Senior Companion Program of Greater Siouxland &  
 The Foster Grandparent Program of Greater Siouxland**

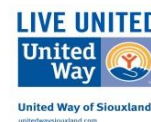
1510 14<sup>th</sup> Street, Rock Valley, IA 51247

712-476-2628

<http://rvrseniorevolunteerprograms.org/site/>

Both programs serve Woodbury, Monona, Plymouth, Sioux, Lyon, O'Bryan & Osceola counties in Iowa and Dakota County in Nebraska.

Provides:  
 Foster Grandparent Program  
 Senior Companion Program



**S.T.A.R.S.**

33148 Highway K-22, Sioux City, IA 51108

712-239-5042

Provides:  
 Therapeutic Riding

**OTHER - HOTLINES NUMBERS, etc.**

**Abu Bekr Shrine**

820 Nebraska Street, Sioux City, IA 51101  
712-255-7991

Provides:  
Support for Shriner's Hospitals for Children

**Alcoholics Anonymous**

614 Cook Street, Sioux City, IA 51103  
712-252-1333

[aacentralofficesc@gmail.com](mailto:aacentralofficesc@gmail.com)

**Alzheimer's Association**

315 Zenith Dr., Suite B, Sioux City, IA 51103  
712-279-5802

[Greateriowa@alz.org](mailto:Greateriowa@alz.org)

**Bets Off**

1-800-238-7633

Provides:  
IA gambling treatment programs

**Child Protective Services in Iowa**

1-800-362-2178

**CSADV**

Sioux City, IA  
1-800-982-7233

<http://csadvsiouxland.org>

Provides:  
Domestic Violence Outreach Office

**Deaf Interpreting Services**

25671 Fulton Street, Sioux City, IA 51108

712-239-3741

WEB: [www.deafvoyc.com](http://www.deafvoyc.com)

**Dependent Adult Abuse Reporting in Iowa**

1-800-362-2178

**Disabilities Resource Center of Siouxland**

705 Douglas St., Suite 440, Sioux City, IA 51101  
712-255-1065 FAX-712-224-2559

Referral Help with: Housing, Food Pantries,  
Personal/Household Items, Clothing  
[contact@drc.org](mailto:contact@drc.org)

**OTHER - HOTLINES NUMBERS, etc. continued****ISU Extension & Outreach (includes Plymouth County)**

Iowa Concern Hotline

1-800-447-1985

[www.extension.iastate.edu/iowaconcern](http://www.extension.iastate.edu/iowaconcern)

Financial questions, legal education and stress counseling

Teen Line

1-800-443-8336

Personal &amp; health-related information and referral

Healthy Families

1-800-369-229

[www.womenshealthiowa.info](http://www.womenshealthiowa.info)

Prenatal, child health, &amp; women's health care questions

**Legal Hotline for Older Iowans**

800-992-8161

Non-criminal legal assistance for ages 60+

**Lifelong Links**

866-468-7887

[www.lifelonglinks.org](http://www.lifelonglinks.org)

Single point of entry for connecting to resources for aging Iowans, disabled Iowans, veterans &amp; caregivers on-line database geared for independence

**Narcotics Anonymous**

712-279-0733

**Mid Step Services**

4303 Stone Ave., Sioux City, IA 51106

[services@midstepservices.com](mailto:services@midstepservices.com)

Provides:

Provides residential, vocational, educational &amp; recreational services for people with intellectual disabilities

**National Human Trafficking**

888-373-7888

TEXT: "Help" or "Info" to 233-733

Both text and Hotlines are available 24/7

**New Perspectives**

310 So. Martha Street, Sioux City, IA 51106

[jolie@npi-sc.org](mailto:jolie@npi-sc.org)

Provides:

Employment Services

**Suicide Hotline**

1-800-273-8255

Spanish- 1-888-628-9454