

## Michael has found his sanctuary

For the last several years, Michael has been a member of the Boys & Girls Clubs of Siouxland.

When he first came, he didn't want to talk with anyone and it was difficult for him to participate in programs and activities. He was also angry and easily frustrated.

But as his Club attendance grew, he began to trust the Boys & Girls Clubs of Siouxland is a safe place, both physically and emotionally. He found friends and caring adults to talk through his difficult life experiences.

He has taken advantage of the skills Boys & Girls Clubs of Siouxland teach to control his reactions to emotions and positively handle conflict.

He has opened himself up to all of the experiences the Club can offer, from learning life skills to having fun and meeting new friends.

The Club has become a 'place of Sanctuary' for Michael, and has transformed him from a shy and reserved kid to a confident young man.



United Way of Siouxland

