

United Way of Siouxland

Edition 2022.2

SUMMER

Did you know that **students lose 17–34%** of the prior year's **learning during summer** break?

Here are some **FREE FUN** things to do this summer:

Sioux City Art Center

"Towers of Tomorrow with LEGO® Bricks"



siouxcityartcenter.org

Born Learning Trail Crystal Cove Park, South

Crystal Cove Park, South Sioux City, NE

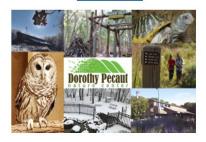
The trail features signs in English & Spanish with games and activities along with colorful sidewalk pictures.

DOWNTOWN Live FREE Concerts on Fridays



downtownlivesc.com/

Dorothy Pecaut Nature Center



woodburyparks.org/dorothypecaut-nature-center

North Sioux City

Community Library

nsclibrary.org/



siouxcitylibrary.org



South Sioux City

Public Library

libraries.ne.gov/ southsiouxcity/

Thanks to your donation United Way partners are able to offer a variety of summer programs to our community

2022-23 CAMPAIGN KICKOFF AUGUST 11, 7:30 AM

Live Learn Earn Give

For additional information and resources: unitedwaysiouxland.com

UNITED WAY OF SIOUXLAND 701 Steuben Street Sioux City, IA 51101 712-255-3551

NEED HELP PAYING YOUR MORTGAGE DUE TO COVID?

The Iowa Homeowner Assistance Fund program provides eligible homeowners assistance with mortgage payments and related property expenses.

For more information: iowafinance.com/ihaf/

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Community Resources

If you need assistance finding food, paying housing bills, accessing childcare or other essential services,

Call 211 or go to 211.org

SUCCESS CORNER

During the pandemic, Molly started a new job to help support her family as a front line worker.

Concerned about her family and Covid, her stress level immediately escalated.

After seeing a Psychiatrist through Catholic Charities, along with therapy sessions, her anxiety reduced and improved her focus and concentration at work.

Molly tried to see a therapist for her anxiety in the past..
But the cost was too much

Without help from Catholic Charities her job, and her family's future, would have been in jeopardy.

